

## Fountain Creek Regional Park:

### Morning Activities:

- Start your day off at [Fountain Creek Nature Center](#)! The center offers exhibits on the mountain background, wetlands, wildlife, plants, and history of the region. Plan ahead and sign up for an educational program. After the nature center, be sure to head outside to explore the area, which includes Fountain Creek, ponds, marshes, meadows, and cottonwood forests.

### Lunch:

- Bring a picnic lunch to enjoy at the park: there are picnic benches scattered all around, or bring a blanket and find your own site. If you forgot to bring lunch, there is a Safeway nearby, or in that same shopping center, you can grab food from Culver's (8065 Fountain Mesa Road) or Bird Dog BBQ (6965 Mesa Ridge Parkway #190).

### Afternoon Activities:

- Explore Fountain Creek Regional Park! Head up to Willow Springs Ponds to spend the afternoon fishing. Or you can head to the south part of the park to try out the playground, bring a ball to play with, or spend the afternoon flying a kite. There are numerous hiking and mountain biking trails around the park just waiting to be trampled on. Want to bring Fido along? Fountain Creek Dog Park should be open in the Summer of 2019.